

# *A Celebration of Spirit at Grace Church White Plains, NY*



*Saturday, October 1, 2016*

- 9:00 AM Registration and Light Continental Breakfast
- 9:30 AM Opening Prayer and Hymn
- 10:00 AM Session I - Instructional Holy Eucharist
- 11:00 AM Session II - Teen Bible Study
- 11:00 AM Session II - Constructs of Prayer (Contemplative Prayer, Prayer Beads, Meditation, Labyrinth)
- 12:00 PM Catered Lunch
- 1:00 PM Session III - Practicum on methods of prayer
- 3:00 PM Closing Prayer and Hymn

Donation: \$20.00 for adults - \$10.00 for teens

*“Come as an empty vessel to be filled.”*

